

## **RCMP Peer Youth Mentorship Program**

The RCMP Peer Youth Mentoring Program matches students in grades 10-12 from Red Deer high schools with students in grades 6-9 from Red Deer middle schools. The mission of the program is to tap into a great resource of high school students with spare periods to engage with youth in need of positive, respectful relationships and provide them with self-confidence and sense of belonging in a positive relationship.

### **Teen Mentor Job Description**

Teen mentors commit to spending 1 hour per week with a middle school student being a positive role model, friend and confidant. Teen mentors meet one-on-one with their assigned mentee and participate in games, crafts, activities, conversation and positive relationship building from October to the end of the school year. (The program is designed so the high school students use their spare periods. If they do not have a spare during a semester, we can hopefully match the mentee with a second mentor for the other semester). Teen mentors listen to their mentees, provide guidance and support, develop a trusting, respectful friendship, and help their mentee build communication and social skills.

### **Benefits for Mentors**

- Gain experience and skills for resumes, future schooling and careers
- Earn school credits for volunteering
- Increase problem-solving, communication and conflict resolution skills
- Meet new people
- Feel a connection to school and the community
- Give back and help others

### **Responsibilities/Commitments**

- Commit to a full year if possible (or a semester)
- Complete the Teen Mentor screening process
- Complete mentorship orientation and training before being matched with a mentee
- Spend 1 hour per week with a mentee
- Maintain regular contact with program staff
- Promptly report any concerns about the match or about the mentee to program staff
- Be a positive role model, emphasizing trust, respect, reliability, honesty, commitment and kindness
- Commit to a positive formal closing of the mentoring match.

### **Eligibility Requirements**

- High school student
- Spare period during school day
- Strong communication and listening skills
- Positive attitude
- Responsible, reliable and dependable
- Respectful of differences such as economic backgrounds, cultures, religions, sexual orientations and gender
- Successfully complete mentor training and screening process
- Provide own transportation to and from middle school